

Therapeutic Behavioral Services

Madera County
Behavioral Health Services



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Madera, CA 93639-1288
559-673-3508
TTY: (800) 735-2929
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English Speech to Speech: 866-288-1909
www.madera-county.com

EMERGENCY PSYCHIATRIC
SERVICES
24-HOUR PHONE LINES
559-673-3508 or Toll Free 888-275-9779

Please ask receptionist about your **right to free language assistance** services as well as alternative formats of this brochure. If you have **physical limitations**, we will help you find available, appropriate and accessible services.





WHAT IS THERAPEUTIC BEHAVIORAL SERVICES (TBS)?

Therapeutic Behavioral Services (TBS) is designed to provide help and support to children and young adults (up to age 21) who exhibit moderate to severe behavioral problems and are having difficulty maintaining their current placement. Current placement may be a family or foster home, shelter, group home, transitional living program, or other community settings.

Services are designed to assist clients and caregivers in acquiring the behavior management strategies and coping skills needed to maintain current level of placement or to transition successfully to a lower level of care.

TBS is a home and community based short term, intensive service, provided for an average of 3 months in duration. The length of a TBS case is determined by the client's progress on those behaviors that are putting the client's placement at risk. A trained Therapeutic Behavioral Coach is assigned to each client for an agreed upon number of hours per week to assist the client and caregiver with development of structure and new learning experiences that promote pro-social and adaptive behaviors as well as acquisition of new life skills.

ELIGIBILITY REQUIREMENTS

The client must meet A and B requirements:

- A. Full-scope Medi-cal beneficiary under the age of 21
- B. One must also be currently receiving specialty mental health services.

Client must meet A,B,C or D requirements:

- A. Placed in a group home/residential treatment center (RTC), RCL 12 or above.
- B. Being considered for placement in a group home/RTC RCL 12 or above.
- C. At least one emergency psychiatric hospitalization related to the current presenting disability within the past 24 months.
- D. Previously received behavioral services through TBS.
TBS is provided to prevent placement in a higher level of residential care, repeated hospitalization, or to ensure a successful transition to a lower level of residential care.

RECOGNIZED BENEFITS OF TBS

- ◆ The client stays in the least restrictive level of care
- ◆ Active, short-term treatment with long-term gains.
- ◆ Strength based interventions and education for the client and caregiver to utilize for continued behavioral success.
- ◆ An increased ability to communicate feelings and needs appropriately
- ◆ Empowerment of the client, parent and caregivers.
- ◆ Reduced family stress



WHAT ARE THE PARTICIPATION REQUIREMENTS FOR TBS?

- The parent/caregiver agrees to allow the TBS staff into their home environment or community to provide services.
- The client parent/caregiver and therapist agree to attend monthly treatment team meetings and provide feedback and behavioral observation.
- The primary caregiver agrees to be physically present and attentive when TBS services are being provided to minors.
- The client and/or parent/ caregiver agree to actively participate in the behavioral changes necessary to maintain the current placement or transition to a lower level of care.

HOW DO I GET TBS SERVICES?

If you think you may need TBS or if your child may need TBS, ask your therapist or case manager to contact Madera County Behavioral Health (BHS) to request services and complete a referral form. A family member, caregiver, guardian, doctor, psychiatrist, psychologist counselor or social worker may call and ask for information about TBS or other mental health services. A young person may also call and ask about TBS.

Madera County Behavioral Health Services (MCBHS) decides if you need TBS. If Madera County BHS doesn't approve TBS, but the young person, family or caregiver disagree, a grievance can be filed by:

1. Going to any BHS reception area and requesting a grievance form.
2. Online at BHS' website: www.madera-county.com
3. By calling Managed Care Coordinator at: (559) 673-3508

