

MADERA COUNTY BEHAVIORAL HEALTH BOARD AGENDA

MAY 16, 2018 MADERA COMMUNITY HOSPITAL, 1250 E. ALMOND AVE., MADERA, CA. 11:30 AM

Supporting documents relating to the items on this agenda that are not listed as "Closed Session" are available through the County of Madera website at http://www.madera-county.com/mentalhealth/

The documents are also available at the Office of the Clerk of the Board of Supervisors, 200 West Fourth Street, Fourth Floor, Madera, CA 93637.

Please note that supporting documents may be submitted after the posting of the agenda; please visit the County website or the Office of the Clerk of the Board of Supervisors for updates.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice.

BOARD MEMBERS WHO WILL <u>NOT</u> BE ATTENDING ARE ASKED TO CALL SABRINA NEWLON AT 673-3508, EXT. 1278, BY NOON ON THE MONDAY PRIOR TO THE MEETING

PUBLIC HEARING and CLOSURE OF PUBLIC COMMENT PERIOD

Mental Health Services Act (MHSA) Three-Year Plan

CALL TO ORDER

A. ROLL CALL

B. <u>APPROVAL OF MINUTES</u>

March 18, 2018 & April 18, 2018 meeting.

C. ANNOUNCEMENTS

D. PUBLIC COMMENT PERIOD

The Public may address the Board on any matter pertaining to County Behavioral Health Services that is not on the agenda; however, the Board is prohibited by law from taking any substantive action on matters discussed that are not on the Agenda. Each person is limited to 5 minutes.

E. <u>EDUCATIONAL PRESENTATION – 30 minutes</u>

Jane Winning VP, Chief Nursing Officer and/or Annette Hale Emergency Room Director - Madera Community Hospital – Emergency Department and 5150's

F. <u>DISCUSSION/ACTION ITEMS:</u>

- 1. BHS Budget Overview/Consideration and Approval.
- MHSA Planning Information David Weikel, Psy.D/BHS Program Supervisor
- 3. Appointment of Board Member to Review Bylaws
- 4. Consideration of Appoint Member to Draft Behavioral Health Board Annual Report

G. REPORTS

The Chairperson and/or Committees may report about various matters involving County Behavioral Health Services. There will be no Board discussion except to ask questions or refer matters to staff. No action will be taken unless listed in a previous agenda.

1. MISC. REPORTS - Each report is limited to 10 minutes.

2. BHS PROGRAM REPORT -10 Minutes

Barney Oliver, LMFT – Behavioral Health Services (BHS) Licensed Mental Health Clinician - Reporting on De-escalation

3. CHAIRPERSON/COMMITTEE REPORTS (Committee Chair)

- a. Standing Committees
 - 1.) Executive Committee (Chair, Vice-Chair & AOD Committee Chair)
 - 2.) AOD Committee (Don Horal, Loraine Goodwin)
 - 3.) Membership/Nominating Committee (Steve Mortimer)
- b. Ad Hoc Committees
 - 1.) Strategic Planning (Karen Scott)
 - 2.) Outreach (Loraine Goodwin)

H. <u>DIRECTOR'S CORNER – Dennis P. Koch, MPA Director, Behavioral Health</u> <u>Services</u>

The Behavioral Health Services Director will report to the Board about various matters involving County Behavioral Health Services. There will be no Board discussion except to ask questions or refer matters to staff, and no action will be taken unless listed on a previous agenda.

I. <u>ITEMS FOR FUTURE AGENDAS</u>

BHS Dashboard Report 2018

Program Objectives and Outcomes

Total Health Plan Progress Report

Update on No Place Like Home

J. CONFIRMATION OF MEETING DATE/ADJOURNMENT

The next meeting will take place on June 20, 2018 at 11:30 am at Madera Community Hospital, 1250 E. Almond Ave., Madera, CA.

PACKET ATTACHMENTS:

Behavioral Health Board Minutes March 21, 2018 & April 18, 2018 MHSA Planning Information

MEMBER ATTACHMENTS:

Attendance Record

Meeting Dates and Locations

ARTICLES/DOCUMENTS OF INTEREST

CBHDA Weekly Updates

Hope House Calendar

Contact Information:

Madera County Behavioral Health Services PO Box 1288 Madera, CA 93639 (559) 673-3508

Director: Dennis P. Koch, MPA

Board Recording Secretary: Sabrina Newlon, Administrative Analyst.



MADERA COUNTY BEHAVIORAL HEALTH BOARD MEETING MINUTES

OAKHURST COUNSELING CENTER 49774 ROAD 426, STE. D, OAKHURST 11:30 AM

CALL TO ORDER

A. ROLL CALL

Present: Nancy Lyday, Eric Oxelson, Ken Butler, Dawn Garcia,

Absent Excused: Karen Scott, Chuck Doud, Glenna Jarvis, Steve Mortimer, Andrea

Shepherd Minnie Aguirre, Loraine Goodwin, Vera Coffeen, Don Horal,

Rick Farinelli

Also Present: Dennis P Koch Director, Chester (Greg) Gregson, and Sabrina Newlon –

BHS, Anthony Duhon Board of Supervisors Representative – Dale Hudak.

Hope House, Michelle Caldwell, Serenity Village.

B. <u>APPROVAL OF MINUTES</u>

A quorum was not in attendance. Approval of the March 21, 2018 minutes were tabled to the May 16, 2017 meeting.

C. ANNOUNCEMENTS

Spring Art Show/Friday, April 20, 2018 209 E. 7th Street, from 5pm – 7pm.

Dennis announced that there would be a tour of the Wellness Center after the meeting adjourned.

Membership approval of Ken Butler and Re-appointment of Eric Oxelson was approved by the Madera County Board of Supervisors.

D. PUBLIC COMMENT PERIOD

NONE.

E. EDUCATIONAL PRESENTATION

Michelle Caldwell, Program's Case Manager – Turning Point of Central California, Inc. – Report on Serenity Village, Oakhurst. Michelle reported that it has been 2 ½ years since the opening of Serenity Village and at the current time there is only 1 vacancy, which is being filled soon. Michelle reported on the support and collaboration of the town, especially two of the churches which to date still are completely dedicated. The churches help clean out the apartments, repair any damage that has been done, haul away any items that might need to be taken to the dump and replace anything that needs replaced. The Oakhurst Wellness Center has been completely vital in helping the tenants make progress. The tenants themselves take great pride in keeping the grounds clean and looking nice.

F. <u>DISCUSSION/ACTION ITEMS</u>

Mental Health Services Act (MHSA) Planning Information were distributed for a 30 day review. It was announced that the MHSA Planning information is posted on the Madera County Behavioral Health Services website: https://www.maderacounty.com/government/behavioral-health-services/mental-health-services-act-information. David Weikel, Psy.D/BHS Program Supervisor will be at the May Behavioral Health Board meeting to answer any questions.

G. REPORTS

1. MISC. REPORTS

2. BEHAVIORAL HEALTH SERVICES (BHS) PROGRAM REPORTS

Chester (Greg) Gregson, LMFT/Supervising Mental Health Clinician reported that the Oakhurst Counseling Center does offer all the services that other behavioral health clinics do and also offer very affective services such as: linking clients with their Primary Care Physicians (PCPs) and help clients work through whatever issue is hindering them from keeping appointments for the physical health. Case Managers and other staff can assist clients with court dates, taking them to the court and helping clients be prepared for court. There are staff that help adolescents with knowing the basic tasks of daily living that might not be common knowledge, such as good hygiene. Also going into the schools to assist teachers and school staff see scenario's in a different light than just bad behavior. Staff link clients with resources in the community that are available to help get and sustain their recovery. Staff members also aid clients in picking them up at hospital's after a 5150 event to make sure the client is link to helpful resources available. The Oakhurst Counseling Center also link clients to the Mountain Wellness Center which provide clothing, food, social skills, and shopping. Greg has worked in his current position as Supervising Mental Health Clinician for 5 years; prior to that he worked with Madera County Behavioral Health Services for 10 years; and in-between that worked for Fresno County Mental Health for 5 years.

3. CHAIRPERSON / COMMITTEE REPORTS

- Standing Committees
 - Executive Committee (Chair, Vice-Chair & AOD Committee Chair)
 No report.
 - AOD Committee (Don Horal, Loraine Goodwin) No report.
 - 3. Membership / Nominating Committee (Steve Mortimer)
- b. Ad Hoc Committees
 - 1. Strategic Planning (Karen Scott)
 - 2. Outreach (*Loraine Goodwin)

H. DIRECTOR'S CORNER – Dennis P. Koch, MPA Director, Behavioral Health Services

Dennis directed all present to the Mountain Wellness Center for a tour. The Mountain Wellness Center has large group rooms. An activity room; there are puzzles, games, movies and a nice place to gather. There is also a room where the members had just had spaghetti for lunch and celebrated a birthday with cake. Dennis showed those in attendance the future plans of where the bathroom, shower area is going to be built.

ITEMS FOR FUTURE AGENDAS

Program Objectives and Outcomes

Data Notebook 2018

Total Health Plan Progress Report

Homelessness

The point in time count

J. CONFIRMATION OF MEETING DATE/ADJOURNMENT

The meeting was adjourned at 01:00 pm. The next meeting will take place on May 16, 2018 at 11:30 am at Madera Community Hospital, 1250 E. Almond Ave., Madera, CA



MADERA COUNTY BEHAVIORAL HEALTH BOARD MEETING MINUTES

MADERA COMMUNITY HOSPITAL 1250 E. ALMOND AVE, SHEBELUT ROOM 11:30 AM MARCH 21, 2018

CALL TO ORDER

A. ROLL CALL

Present: Steve Mortimer, Andrea Greer, Minnie Aguirre, Nancy Lyday, Eric

Oxelson, Rick Farinelli, Dawn Garcia, Loraine Goodwin, Vera Coffeen,

Don Horal,

Absent Excused: Karen Scott, Chuck Doud, Glenna Jarvis.

Also Present: Dennis P Koch Director, Victoria Cortez, Baylee Griggs, Glen Sutch, and

Sabrina Newlon, and – BHS, Anthony Duhon Board of Supervisors

Representative – Dale Hudak, Hope House – Ken Butler.

B. APPROVAL OF MINUTES

The minutes of the February 21, 2018 meeting were approved as submitted.

C. ANNOUNCEMENTS

NONE

D. PUBLIC COMMENT PERIOD

NONE.

E. <u>EDUCATIONAL PRESENTATION</u>

Victoria Cortez, AMFT and Baylee Griggs, AMFT are two Behavioral Health Staff (BHS). They presented what their school experience was like, they both obtained their Masters Degree from National University. Victoria Cortez received her BA degree from San Francisco University and Baylee Griggs from Fresno State University. Victoria was originally want to intern in the adult department and was assigned to the Healthy Beginnings department which is children from 0-5 years of age. Victoria expressed how supportive environment was in the department. She appreciated the clinical aspect which brought help with keeping things balanced for her. Victoria will have worked in the department for 2 years in July. She stated that learning something well takes time. Baylee Griggs began working at Pine Recovery Center where the case load is for high acuity clients in a Full Service Partnership program. Bailey has now joined the Lake Street Team at 7th Street and enjoys working with children. Having weekly supervision meetings once a week and one on one supervision meetings has been most meaningful to Baylee. Questions were asked on the size of case load that is carried by interns. Victoria reported that at the current time she has a case load of 25 as she splits her time ½ with Healthy Beginnings and ½ with Children's Outpatient cases. Baylee has a class for foster parents to attend that is from 4-6 pm so that working parents can attend the class. Question regarding the number of hours it takes to be a Licensed Marriage and Family Therapist. The answer is 3,000. Victoria has a little over 1,000 hours and Baylee has a little under 1,000. These hours are specifically face to face hours. The question was ask what your biggest surprise about being an intern was. Victoria answered that the collaboration between different programs was pleasantly surprising; and answered that the support and training was her pleasant surprise. Dennis concluded that BHS is recruiting for

full time pre-licensed staff and has encouraged both Victoria and Baylee to apply. Dennis also added that there is a possible stipend program being initiated.

F. <u>DISCUSSION/ACTION ITEMS</u>

1. The Behavioral Health Board unanimously approved to forward a request, to the Board of Supervisors for, membership approval of Ken Butler.

G. <u>REPORTS</u>

1. MISC. REPORTS

2. BEHAVIORAL HEALTH SERVICES (BHS) PROGRAM REPORTS

Glen Sutch, Supervising Mental Health Clinician – Adult Services: Includes Outpatient Program, PATH Program, and Conservatorships. Glen started working in Oakhurst in 2014 and currently is supervising the Adult Services program. The current case load is 90+ per clinician. The adult services program has initiated an Orientation Program called Balanced Living which teaches coping skills and has been remarkably success in helping to manage caseloads for clinicians. This group is teach skills before assign clients. There are 8 clinicians, 4 case managers and a Vocational Assistant Driver (VAD). The VAD helps bring a sense of recovery to clients as he is a peer and is instrumental in keeping clients connected to services. The 4 case managers spend most of their hours outside of the office setting. They support clients in rehabilitation and restrengthing areas that might need support after recovery. There were questions regarding the wait time for clients to see a clinician. The wait time is most always less than 14 days after the intake team has seen client. The Sr. Case managers have been able to see if a client is not able to thrive in a group setting and needs to be moved into individual therapy. Question regarding the no show rate. Answer at the current time 22% which is not a bad number.

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H. DIRECTOR'S CORNER – Dennis P. Koch, MPA Director, Behavioral Health Services

1. Dennis announce that Health Insurance Coverage, to include Medi-Cal will pay for transportation and Uber is starting a division called Uber Health.

- 2. Oakhurst Wellness Center The contractors are doing the remodel, because we had to use prevailing wage the cost is expensive. The project is going forward there will be showers, sinks a laundry room and a separate bathroom that will add additional dignity and support for client. Once these improvements are made then Oakhurst Counseling Center will be carpeted and painted something that has just been overlooked.
- 3. Two of the bathrooms at 7th Street are being retiled due to some damage.
- 4. The 1st round of the 18/19 Budget has been submitted. We are up by 3% the three ways we receive funding are all up. BHS will be funding new positions but not filling theme at the current time. We have received a new federal grant that has a state regulation in it that will pay 75% of three new positions of Administrative Analyst.

ITEMS FOR FUTURE AGENDAS

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J. CONFIRMATION OF MEETING DATE/ADJOURNMENT

The meeting was adjourned at 01:00 pm. The next meeting will take place on April 18, 2018 at Oakhurst Counseling Center 49774 Road 426, Ste. D, Oakhurst.