

## MADERA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

#### **AGENDA**

November 20, 2024 11:30AM – 1:00PM

#### **IN-PERSON MEETING**

Madera Behavioral Health 209 E. 7<sup>th</sup> Street Madera, CA 93638

The meeting documents are available in hard copy at Madera County Behavioral Health Services (BHS) at 209 East Seventh Street, Madera, CA 93638 and electronically at the BHS Website <a href="https://www.maderacounty.com/government/behavioral-health-services">https://www.maderacounty.com/government/behavioral-health-services</a>

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice.

Bertha Avila	James Patrick	Mary Norris	Sharon Diaz	Wendy Hicks
District 1	District 1	District 2	District 2	District 2
Steven Mortimer	Eric Oxelson	Donald Horal	Joe Torres	Lori Prentice
Chair, District 3	District 3	Vice-Chair, District 3	District 4	District 4
Irene Flemming	Dawn Garcia	Jennifer Mullikin	Leticia Gonzalez	
District 4	District 5	District 5	County Supervisor	

#### CALL TO ORDER

- A. ROLL CALL
- B. APPROVAL OF MINUTES

Action Item: Approval of the Minutes of October 16, 2024 Meeting.

C. APPROVAL OF AGENDA

Action Item: Approval of the Agenda for November 20, 2024 Meeting.

#### D. MADERA COUNTY BOARD OF SUPERVISORS APPROVED AGENDA ITEMS

#### 10/15/2024 BOS APPROVED ITEMS

- 1. WestCare California, Inc.
- 2. Traditions Behavioral Health
- 3. Casa Grande Motel Lease Agreement

#### 11/12/2024 BOS APPROVED ITEMS

1. State Center Community College District

#### E. ANNOUNCEMENTS

#### F. PUBLIC COMMENT PERIOD

The Public may address the Board on any matter pertaining to Madera County Department of Behavioral Health Services that is not on the agenda; however, the Board is prohibited by law from taking any substantive action on matters discussed that are not on the agenda. Each person is limited to 3 minutes.

#### G. COMMITTEE REPORTS

The Chairperson and/or Committees may report about various matters involving Madera County Department of Behavioral Health Services. There will be no Board discussion except to ask questions or refer matters to staff. No action will be taken unless listed in a previous agenda.

#### 1. CHAIRPERSON/COMMITTEE CHAIR REPORTS

- a. Standing Committees
  - 1.) Executive Committee: Chair & Vice-Chair
  - 2.) Membership Committee: Steven Mortimer & Dawn Swinton Garcia Action: Approval to recommend Anita Sanders to the Board of Supervisors for appointment to fill vacancy in District 1.
  - 3.) Nominating Committee: Joe Torres & Supervisor Leticia Gonzalez
  - 4.) Substance Use Disorder Committee: Jennifer Mullikin & Bertha Avila
  - 5.) Data & Outcomes Committee: Eric Oxelson
  - 6.) Cultural Competence and Behavioral Health Services Act Advisory Committee: Joe Torres

#### 2. DISCUSSION/ACTION ITEMS

- H. SPECIAL REPORT-Chenecua Dixon, Director, Madera County Department of Human Resources and Regina Garza, Lozano Smith, Partner, Madera County Counsel Representative.
  - Behavioral Health Board participation in selection of the Behavioral Health Services Director
- I. DIRECTOR'S REPORT Arthur Galindo, LCSW, Interim Assistant Director, Madera County Department of Behavioral Health Services (MCDBHS).
  - 1. 2024 Data Notebook Survey Update-Perla Vaca, BHS

The Behavioral Health Services Director will report to the Board on various matters involving Madera County Department of Behavioral Health Services. There will be no Board discussion except to ask questions or refer matters to staff, as no action will be taken unless listed on a previous agenda.

- J. AGENDA ITEMS FOR FUTURE MEETING
- K. CONFIRMATION OF MEETING DATE/ADJOURNMENT

The next meeting will be January 15, 2025, 11:30am-1:00pm, in-person at Madera Behavioral Health, 209 E. 7<sup>th</sup> Street, Madera CA 93638.

BOARD MEMBERS WHO ARE <u>NOT</u> GOING TO ATTEND A MEETING, PLEASE CONTACT MELISSA TORRES, AT 559-395-0451, EXT. 1225, BY NOON ON THE MONDAY PRIOR TO THE MEETING.

#### PACKET ATTACHMENTS

Behavioral Health Advisory Board October 16, 2024 Minutes

Behavioral Health Advisory Board November 20, 2024 Agenda

Behavioral Health Advisory Board Attendance Report

Hope House Activity Calendars

#### CONTACT INFORMATION

MCDBHS Interim Assistant Director: Arthur Galindo, LCSW Secretary/BHAB Liaison: Melissa Torres, Executive Assistant Madera County Department of Behavioral Health Services PO Box 1288 Madera, CA 93639 (559) 395-0451



# MADERA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

#### **MEETING MINUTES**

October 16, 2024 IN-PERSON MEETING 11:30 AM - 1:00 PM

#### **CALL TO ORDER:**

Attendee Name	Title	Call to Order time
Steven Mortimer	Behavioral Health Advisory Board Chair	11:41 AM

#### A. ROLL CALL

Attendee Name	Title	Status
Bertha Avila	Board Member District 1	Present
James Patrick	Board Member District 1	Present
Sharon Diaz	Board Member District 2	Late
Mary Norris	Board Member District 2	Present
Wendy Hicks	Board Member District 2	Present
Steven Mortimer	Board Chairperson District 3	Present
Eric Oxelson	Board Member District 3	Present
Donald Horal	Board Member Vice Chairperson District 3	Late
Joe Torres	Board Member District 4	Present
Lori Prentice	Board Member District 4	Absent
Irene Flemming	Board Member District 4	Absent
Dawn Swinton Garcia	Board Member District 5	Present
Jennifer Mullikin	Board Member District 5	Absent
Supervisor Leticia Gonzalez	Board Member, Board of Supervisors Representative, District 4	Absent

#### B. APPROVAL OF MINUTES

Consideration of approval of Minutes for August 21, 2024 and September 18, 2024 meeting.

BHAB MEMBER	YES	NO	Abstain	Other
Bertha Avila	X			
James Patrick	X			
Sharon Diaz				DID NOT VOTE
Mary Norris	2X			
Wendy Hicks	X			
Steven Mortimer	X			
Eric Oxelson	1X			
Donald Horal	X			
Joe Torres	X			
Lori Prentice				ABSENT
Irene Flemming				ABSENT
Dawn Swinton Garcia	X			
Jennifer Mullikin				ABSENT
Supervisor Leticia Gonzalez				ABSENT

Motion Passes:	9/14	Motion Fails:
1x=Made Motion	2x=Made 2	2 <sup>nd</sup> Motion

<sup>\*\*</sup>No Quorum was met\*\*

#### C. APPROVAL OF AGENDA

Consideration of approval of the Agenda for September 18, 2024 and October 16, 2024 meeting.

BHAB MEMBER	YES	NO	Abstain	Other
Bertha Avila	Х			
James Patrick	Х			
Sharon Diaz				DO NOT VOTE
Mary Norris	Х			
Wendy Hicks	Х			
Steven Mortimer	Х			
Eric Oxelson	1X			
Donald Horal	2X			
Joe Torres	Х			
Lori Prentice				ABSENT
Irene Flemming				ABSENT
Dawn Swinton Garcia	Х			
Ginger Prentice				
Jennifer Mullikin				ABSENT
Supervisor Leticia Gonzalez				ABSENT
Motion Passes: 9/14	Motion Fails:			

<sup>1</sup>x=Made Motion 2x=Made 2<sup>nd</sup> Motion

#### D. ANNOUNCEMENTS

Mr. Torres announced BHS Second Annual Walk and Rally for Recovery for Saturday September 21<sup>st</sup>, from 10am-1pm at Courthouse Park. Ms. Norris reported that Mind Drivers who is currently located in Fresno, Clovis, Sanger and Merced will soon be opening up a facility in Madera and Porterville. Mind Drivers is a mental health facility that offers Psychotherapy and Psychiatry services for individuals, couples, and families. Ms. Norris stated if the board is interested, the Director would like to do a presentation on their services.

#### E. BOARD OF SUPERVISORS' AGENDA ITEMS

#### 8/20/2024-9/03/2024

- 1. Turning Point of Central California, Inc. -Hope House and Mountain Wellness Center
- 2. Psynergy Programs, Inc.
- 3. BHAB Appointment- J. Patrick
- 4. Madera County Community, Assistance, Recovery and Empowerment (C.A.R.E.) Act Presentation
- 5. Madera County Superintendent of Schools
- 6. Tulare County Superintendent of Schools Friday Night Live
- 7. San Jose Behavioral Health
- 8. CalMHSA Psychiatric Inpatient Concurrent Review

<sup>\*\*</sup>No Quorum was met\*\*

**F. PUBLIC COMMENT PERIOD –**Speakers have up to 3 minutes to present an item.

No public comments were made at this time.

The Public may address the Board on any matter pertaining to Madera County Department of Behavioral Health Services that is not on the agenda; however, the Board is prohibited by law from taking any substantive action on matters discussed that are not on the agenda. Each person is limited to 3 minutes.

#### G. COMMITTEE REPORTS

- 1. CHAIRPERSON/COMMITTEE CHAIR REPORTS
  - a. Standing Committees
    - 1. Executive Committee: Chair & Vice-Chair

No report was provided by this committee.

 Membership and Nominating Committee: Steven Mortimer & Dawn Swinton Garcia

Action Item: New application received and committee will conduct interview on 10/16/24 at 11:00am with candidate Anita Sanders.

AOD Committee: Jennifer Mullikin & Bertha Avila

No report was provided by this committee due to Ms. Mullikin's absence.

4. Data and Outcomes Committee-Eric Oxelson

Mr. Oxelson reports the committee is exploring data in the management system and looking at the correlation of data between clients. He also states that they are currently looking at the quality of life for those clients who are admitted to psychiatric facilities.

 Cultural Competence and Behavioral Health Services Act Advisory Committee-Joe Torres

Mr. Torres gave update. Report is attached.

#### 2. DISCUSSION/ACTION ITEMS

Approve ByLaws Amendment to Article VI section section 6b. Amendment will now read as followed: On the event of a vacancy in the office of the **Chair or** Vice Chair, the Nominating Committee shall recommend a nominee(s) for that office at the earliest possible regular Board meeting and a special election shall be called for the next meeting.

BHAB MEMBER	YES	NO	Abstain	Other
Bertha Avila	Х			
James Patrick	Χ			
Sharon Diaz	X			
Mary Norris	2X			
Wendy Hicks	Χ			
Steven Mortimer	Х			
Eric Oxelson	Х			
Donald Horal	Х			
Joe Torres	Х			
Lori Prentice				ABSENT
Irene Flemming				ABSENT
Dawn Swinton Garcia	1X			
Ginger Prentice				
Jennifer Mullikin				ABSENT
Supervisor Leticia Gonzalez				ABSENT
Motion Passes: 10/14	Motion Fails:			

- **H. DIRECTOR'S REPORT**-Andrea Martinez, Deputy Director of Administrative Services, Madera County Department of Behavioral Health Services (MCDBHS).
  - Perla Vaca, BHS Senior Administrative Analyst, provided report to the board. Report is attached.

#### I. ITEMS FOR FUTURE AGENDA

- 1. 2024 Data Notebook Update
- 2. Presentation on Mental Health Services in Madera Unified School District

#### J. CONFIRMATION OF MEETING DATE/ADJOURNMENT

The meeting was adjourned at 12:59 pm by Steven Mortimer.

The next meeting will occur on November 20, 2024, 11:30am- 1:00pm, at Madera Behavioral Health, 209 E 7<sup>th</sup> Street, Madera CA 93638.

# MADERA COUNTY BEHAVIORAL HEALTH BOARD ATTENDANCE

#### Quorum

	Appointment						
Member	Ends	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24
Bertha Avila	11/1/2025	Х	EXCUSED	X	Х		
James Patrick	10/1/2027				Х		
Sharon Diaz	7/1/2027	EXCUSED	Х	ABSENT	Х		
Mary Norris	7/1/2027	Х	EXCUSED	X	Х		
Wendy Hicks	7/1/2025	Х	EXCUSED	ABSENT	Х		
Steven Mortimer	7/1/2026	Х	EXCUSED	X	Х		
Eric Oxelson	4/1/2027	Х	Х	X	Х		
Donald Horal	7/1/2026	EXCUSED	EXCUSED	ABSENT	Х		
Joe Torres	4/1/2026	Х	Х	X	Х		
Lori Prentice	10/1/2026	Х	Х	ABSENT	ABSENT		
Irene Flemming	7/1/2026	Х	Х	Х	ABSENT		
Dawn Swinton Garcia	9/1/2026	Х	EXCUSED	Х	Х		
Jennifer Mullikin	6/1/2025	EXCUSED	Х	ABSENT	ABSENT		
Supervisor Leticia							
Gonzalez		Х	Х	Χ	ABSENT		

#### **Cultural Competence Updates:**



**New billboard** to be placed off 99 near Cleveland Ave (fairgrounds), same concept will be used for the poster rotation program throughout Madera County.

#### **Rotating Poster Locations**

- 1. 10/07/24-11/03/2024: Rolling Hills location off Ave 12 near VCH
- 2. 11/04/2024-12/01/2024: HWY 145 near Rancho San Miguel

Launched **Mental Health Educational Workshops** to increase awareness of BHS services and to educate the community about various mental health illnesses and help reduce stigma.

Launching **electronic internal newsletter** for BHS staff to stay informed on cultural competence related information which includes a wellness corner for staff to access self-care resources and information.

#### Social media platforms:

BHS has linked Facebook and Instagram, whatever is posted on Facebook will automatically post to Instagram.

#### From 08/01/2024 to 8/31/2024

- Increased our Facebook reach by 72.2% (total reached 1,100)
- **Increased** our Instagram reach by 69.7% (total reached 241)
- Increased our Facebook visit by 4.3% (total visits 291)
- **Increased** our Instagram visits by 72.1% (total visits 105)
- Increased our Facebook followers by 4
- Increased our Instagram followers by 18

#### From 09/01/2024 to 09/31/2024:

- **Increased** our Facebook reach by 100.3% (1,900)
- **Increased** our Instagram reach by 222.5% (797)
- Increased Facebook visits by 33.1% (455)
- Increased Instagram visits by 37.6% (143)
- Increased Facebook followers by 160% (12)
- **Decreased** Instagram followers by 8% (12)

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## **DATA NOTEBOOK 2024**

## FOR CALIFORNIA

## BEHAVIORAL HEALTH BOARDS AND COMMISSIONS



Prepared by California Behavioral Health Planning Council, in collaboration with: California Association of Local Behavioral Health Boards/Commissions



The California Behavioral Health Planning Council (Council) is under federal and state mandate to advocate on behalf of adults with severe mental illness and children with severe emotional disturbance and their families. The Council is also statutorily required to advise the Legislature on behavioral health issues, policies, and priorities in California. The Council advocates for an accountable system of seamless, responsive services that are strength-based, consumer and family member driven, recovery oriented, culturally, and linguistically responsive and cost effective. Council recommendations promote cross-system collaboration to address the issues of access and effective treatment for the recovery, resilience, and wellness of Californians living with severe mental illness and/or substance use disorders.

For general information, you may contact the following email address or telephone number:

<u>DataNotebook@CBHPC.dhcs.ca.gov</u> (916) 701-8211

Or you may contact us by postal mail at:

Data Notebook California Behavioral Health Planning Council 1501 Capitol Avenue, MS 2706 P.O. Box 997413 Sacramento, CA 95899-7413

For questions regarding the SurveyMonkey online survey, please contact Justin Boese at Justin.Boese@cbhpc.dhcs.ca.gov

## **NOTICE:**

This document contains a textual **preview** of the California Behavioral Health Planning Council 2024 Data Notebook survey, as well as supplemental information and resources. It is meant as a **reference document only**. Some of the survey items appear differently on the live survey due to the difference in formatting.

## DO NOT RETURN THIS DOCUMENT.

Please use it for preparation purposes only.

To complete your 2024 Data Notebook, please use the following link and fill out the survey online by **November 30, 2024**:

https://www.surveymonkey.com/r/MFGJBYT

## **Table of Contents**

CBHPC 2024 Data Notebook: Introduction	5
What is the Data Notebook? Purpose and Goals	5
What's New This Year?	6
How the Data Notebook Project Helps You	6
What are Performance Outcomes?	7
CBHPC 2024 Data Notebook: Homelessness in the Public Behavioral Health System	9
Defining Homelessness	10
A Recent History: Housing and Homelessness Data presented in 5 years of California Data Notebook Overview Reports, 2019-2023	10
Table 1. State of California Estimates of Homeless Individuals Point in Time C	
Figure 1. California Homeless Point-in-Time Counts for Several Vulnerable Populations, 2019-2023	12
Table 2. CA Homeless Data from Annual P.I.T. Counts, 2019 – 2023	13
Figure 2. California Homeless Programs Added or Expanded for County Behave health Clients, 2019-2023.	
2024 Data Notebook Survey Questions	15
Section 1: Homelessness in the Public Behavioral Health System	15
Section 2: Performance Outcomes Data	17
Post-Survey Questionnaire	19

#### **CBHPC 2024 Data Notebook: Introduction**

#### What is the Data Notebook? Purpose and Goals

The Data Notebook is a structured format to review information and report on aspects of each county's behavioral health services. A different part of the public behavioral health system is addressed each year, because the overall system is large and complex. This system includes both mental health and substance use treatment services designed for individuals across the lifespan.

Local behavioral health boards/commissions are required to review performance outcomes data for their county and to report their findings to the California Behavioral Health Planning Council (Planning Council). To provide structure for the report and to make the reporting easier, each year a Data Notebook is created for local behavioral health boards to complete and submit to the Planning Council. Discussion questions seek input from local boards and their departments. Planning Council staff analyze these responses to create annual reports to inform policy makers and the public.

The Data Notebook structure and questions are designed to meet important goals:

- To help local boards meet their legal mandates<sup>1</sup> to review and comment on their county's performance outcome data, and to communicate their findings to the Planning Council;
- To serve as an educational resource on behavioral health data;
- To obtain opinion and thoughts of local board members on specific topics;
- To identify successes, unmet needs and make recommendations.

In 2019, we developed a section of the survey ("Part I") with standard questions that helped us detect any trends in critical areas affecting our most vulnerable populations. These included foster youth, individuals experiencing homelessness, and those with serious mental illness (SMI) who need housing in adult residential facilities (ARFs) and some other settings. These questions assisted in the identification of unmet needs or gaps in services that may occur due to changes in population, resources, or public policy. The Part I questions were used from 2019-2023. In addition to these standardized questions, each Data Notebook focused on a different topic of interest. Survey questions for these topics have been referred to as "Part II."

5

<sup>&</sup>lt;sup>1</sup> W.I.C. 5604.2, regarding mandated reporting roles of MH Boards and Commissions in California.

#### What's New This Year?

For the 2024 Data Notebook, the Planning Council will no longer include the standardized Part I questions in the survey. This change will give us the opportunity to develop a new set of important and timely performance outcomes measures that can be tracked over time. We also aim to shorten the overall length of the survey to make it more accessible for participating counties. A complete analysis of the data collected over that five-year period is forthcoming, but some of the data regarding housing and homelessness are discussed later in this document.

The topic selected for the 2024 Data Notebook is "homelessness within the public behavioral health system." The Planning Council recognizes that this complex issue is the subject of much discussion, advocacy, and policy across the state. Our goal is to gather information about how counties address the issue of homelessness and housing among people served in their behavioral health systems and identify what data counties collect on this topic. There are also several questions at the end of the survey asking for your input on what topics or performance outcomes you would like us to focus on next year.

#### **How the Data Notebook Project Helps You**

Understanding data empowers individuals and groups in their advocacy. The Planning Council encourages all members of local behavioral health (BH) boards/commissions to participate in developing the responses for the Data Notebook. This is an opportunity for local boards and their county behavioral health departments to work together to identify critical issues in their community. This work informs county and state leadership about local behavioral health programs, needs, and services. Some local boards use their Data Notebook in their annual report to the County Board of Supervisors.

In addition, the Planning Council will provide our annual 'Overview Report,' which is a compilation of information from all of the local behavioral health boards/commissions who completed their Data Notebooks. These reports feature prominently on the website<sup>2</sup> of the California Association of Local Mental Health Boards and Commissions (CALBHBC). The Planning Council uses this information in their advocacy to the legislature, and to provide input to the state mental health block grant application to SAMHSA<sup>3</sup>.

<sup>&</sup>lt;sup>2</sup> See the annual Overview Reports on the Data Notebook posted at the <u>California Association of Local</u> Behavioral Health Boards and Commissions website.

<sup>&</sup>lt;sup>3</sup> SAMHSA: Substance Abuse and Mental Health Services Administration, an agency of the Department of Health and Human Services in the U.S. federal government. For reports, see <a href="https://www.SAMHSA.gov">www.SAMHSA.gov</a>.

#### What are Performance Outcomes?

While local behavioral health boards and commissions are required to review performance outcomes data for their counties, there is some ambiguity about what constitutes a "performance outcome measure." Outcome measures are one of several kinds of measures used to evaluate the quality of health care organizations and services. According to the Agency for Healthcare Research and Quality, a common classification of quality measures<sup>4</sup> includes:

- **Structural Measures** provide data on the capacity, systems, and infrastructure of a health care provider to gauge their ability to provide care. Examples of structural measures would be the ratio of providers to patients, or whether the organization uses electronic medical records.
- Process Measures indicate that a provider is using evidence-based best
  practices and processes to achieve a positive impact on people's health or
  reduce harmful outcomes. Examples of process measures are the number of
  patients who receive recommended health screenings, appointment wait times,
  or frequency of follow-up appointments.
- Outcome Measures evaluate the impact a service or intervention has on an individual's health status and recovery, whether positive or negative. Examples of outcome measures include evaluations of symptom severity, rates of hospital readmissions, and quality of life.

Of these three kinds of quality measures, outcome measures are arguably the most valuable for assessing the effectiveness of a health care service or intervention. However, they are also the hardest to evaluate. A big challenge with outcome measures is that there are many factors that influence health outcomes besides the treatment or services that an individual receives. It is beneficial to evaluate outcome measures in the context of structural and process measures, as they are closely related. Improving processes and system capacity within a health care organization can result in improved outcomes.

**Patient-reported outcomes** are important for assessing the quality of care that patients receive. These are outcome measures of an individual's health, quality of life, and their experiences regarding the care they receive, using information gathered directly from the patient and/or their caregivers. Examples include patient reports of how well they feel their provider listens to them during appointments, or how effective they feel their treatment has been over the past 6 months.

A **performance indicator** is a specific measure, whether quantitative or qualitative, that is used to determine if a service or program is achieving their desired outcomes. During the evaluation process, the organization reviews their indicators to assess the

7

<sup>&</sup>lt;sup>4</sup> Types of Health care Quality Measures, by the Agency for Healthcare Research and Quality.

effectiveness of their processes, policies, and services. It is important to also review the indicators themselves at regular intervals to determine if those indicators are working as intended, or whether the indicators need to be modified to better serve the evaluation plan. Note that it may be difficult to draw sound conclusions from qualitative indicators.

In behavioral health care, there are many potential outcome indicators that can be used to evaluate the impact of programs and services. The California Association of Local Behavioral Health Boards and Commissions published an issue brief<sup>5</sup> on the topic of performance outcome data that includes suggested data points for county behavioral health agencies. The Agency for Healthcare Research and Quality also has publicly available resources on how to choose health care quality measures.<sup>6</sup> We recommend that local behavioral health boards and commissions and behavioral health agencies familiarize themselves with these resources when considering what data to collect or use.

<sup>5</sup> <u>Performance Outcome Data Issue Brief</u>, published by the California Association of Local Behavioral Health Boards and Commissions.

<sup>&</sup>lt;sup>6</sup> <u>Key Questions When Choosing Health Care Quality Measures</u>, by the Agency for Healthcare Research and Quality.

# CBHPC 2024 Data Notebook: Homelessness in the Public Behavioral Health System

Homelessness is a multifaceted and longstanding phenomenon in United States, and California in particular. The state of California is home to the largest number of individuals experiencing homelessness in the nation. Our state makes up about 12% of the total population of the United States, yet accounts for 31% of the nation's homeless population and 49% of the unsheltered population as of 2023. The combination of low income and a lack of affordable housing continues to be the largest contributing factors for homelessness. However, there are many other factors that play a role in this issue including incarceration, racial disparities, physical and mental health, and domestic violence.

The intersection of homelessness and behavioral health is a complex topic, and has been the subject of increasing public discussion, political debate, and legislation. Rates of homelessness have continued to increase at alarming rates, exacerbated by the effects of the COVID-19 pandemic. As public concerns about homelessness have grown, so have statewide efforts to reform behavioral health services in California. While the Planning Council does not share or endorse the view that mental illness is the primary cause of homelessness, the public behavioral health system does play a vital role in serving individuals experiencing homelessness.

The California Behavioral Health Planning Council has a long history of advocacy regarding housing and homelessness within the public mental health system. In 2016, the Planning Council published a report<sup>7</sup> highlighting programs and policies that looked promising for ending homelessness for those with severe mental illness and substance use disorders. This report was the result of multiple panel presentations in 2015 involving people with lived experience, providers, advocates, and other stakeholders. More recently, our Housing and Homelessness Committee published an issue brief<sup>8</sup> in 2020 highlighting services available to prepare persons experiencing homelessness for successful transitions to housing.

For the past 5 years, the Data Notebook survey has included an item asking counties to report on new or expanded services for homeless behavioral health clients. We have also included data from the federal Department of Housing and Urban Development (HUD) Point-In-Time counts for California. By making this topic the primary focus of the

<sup>&</sup>lt;sup>7</sup> <u>Hope for the Hopeless: Effective Programs that Promote Real Change</u>. Published January 2016 by the California Behavioral Health Planning Council.

<sup>&</sup>lt;sup>8</sup> The Crisis of Housing and Homelessness: Effective Programs to Bridge the Gap from Homelessness to Housing. Published May 2020 by the California Behavioral Health Planning Council.

2024 Data Notebook, we aim to learn more about how individuals experiencing homelessness are served within the public behavioral health system. The survey questions for this year have been written to identify the types of data being collected at the county level, as well as some basic information on county-level programs, needs, and goals regarding homelessness.

#### <u>Defining Homelessness</u>

The federal government finalized an official definition of homelessness in 2011<sup>9</sup> for the Homeless Emergency Assistance and Rapid Transition to Housing (HEARTH) Act. This definition states that a person or family is homeless if they fall into one of four categories:

- **Currently homeless** (lacking a fixed, regular, nighttime residence, which includes living in a car or temporary shelter program).
- **Imminent risk of homelessness** (those who will lose their nighttime residence within 14 days).
- Homeless under other federal statutes or programs. This includes those who
  have not had a permanent residence in the last 60 days.
- Fleeing or attempting to flee domestic violence, dating violence, or other threatening situations.

Additionally, the definition of "chronic homelessness" was clarified in 2015<sup>10</sup>. This definition covers individuals or families who have been homeless for at least 12 months, or on at least 4 separate occasions in the last 3 years, as long as the combined occasions equal at least 12 months.

Because these definitions are the ones used by the Department of Housing and Urban Development, they are the ones that we will be using for the purposes of the 2024 Data Notebook. However, we understand that many organizations and programs have different working definitions for these terms and are interested to learn how your county behavioral health agency defines homelessness in practice.

# A Recent History: Housing and Homelessness Data presented in 5 years of California Data Notebook Overview Reports, 2019-2023.

Every year, the states, counties, and many cities perform a "Point-in-Time" Count<sup>11</sup> of the individuals experiencing homelessness in their counties, usually on a specific date

<sup>&</sup>lt;sup>9</sup> The final ruling on the definition of homelessness for the Homeless Emergency Assistance and Rapid Transition to Housing (HEARTH) Act of 2009, on the HUD Exchange website.

<sup>&</sup>lt;sup>10</sup> Federal definition of chronic homelessness, on the HUD Exchange website.

<sup>11 2023</sup> Point-in-Time Homeless Populations and Subpopulations Reports are available on the HUD Exchange website.

in January. Such data are key to state and federal policy and funding decisions. **Table 1** provides data from the 2023 Point-in-Time Count. This data is publicly available, provided by the U.S. Department of Housing and Urban Development.

Table 1. State of California Estimates of Homeless Individuals Point in Time<sup>12</sup> Count 2023

Summary of Homeless individuals	SHELTERED	UNSHELTERED	TOTAL 2023	Percent Change from 2022
Persons in households without children	38,230	117,020	155,028	+ 6.6%
Persons in households with children	19,484	5,999	25,483	- 0.2%
Unaccompanied homeless youth	3,239	6,934	10,173	+ 6.1%
Veterans	3,153	7,436	10,589	+ 1.9%
Chronically homeless individuals	16,621	54,529	71,150	+ 16.8%
Total (2023) Homeless Persons in CA	57,976	123,423	181,399	+ 5.8%
Total (2023) Homeless Persons, USA	396,494	256,610	653,104	+ 12.1%

We have presented California data from the federal HUD Point-in-Time Count in each data notebook to inform the local behavioral health boards and for a basis for their discussion and responses.

The data from the past 5 years, displayed below in **Figure 1**, show increasing trends during this time span for nearly all the groups selected, including total homeless persons, those unsheltered, the chronically homeless, those served by emergency shelters, those persons with severe mental illness, and those who experienced chronic

11

<sup>&</sup>lt;sup>12</sup> PIT Count = yearly January Point-in-Time Count of Homeless Individuals, conducted according to the guidance of the U.S. Department of Housing and Urban Development (<u>www.HUD.gov</u>). Sheltered persons include those who were in homeless shelters and distinct types of transitional or emergency housing.

substance abuse. The groups which did not show any major increases during this time span include those served in transitional housing at the selected point-in-time counts, and the numbers for unaccompanied youth aged 18-24, and for unaccompanied children under 18. We do not know the reason why numbers for those specific groups did not exhibit significant changes over this 5-year time span. Note the data gaps for January 2021, when COVID-19 health protocols precluded counting unsheltered individuals, and therefore impacted any data which normally would include those numbers in aggregated totals. Table 2 contains the numerical data used to construct Figure 1.

Figure 1. California Homeless Point-in-Time Counts for Several Vulnerable Populations, 2019-2023.

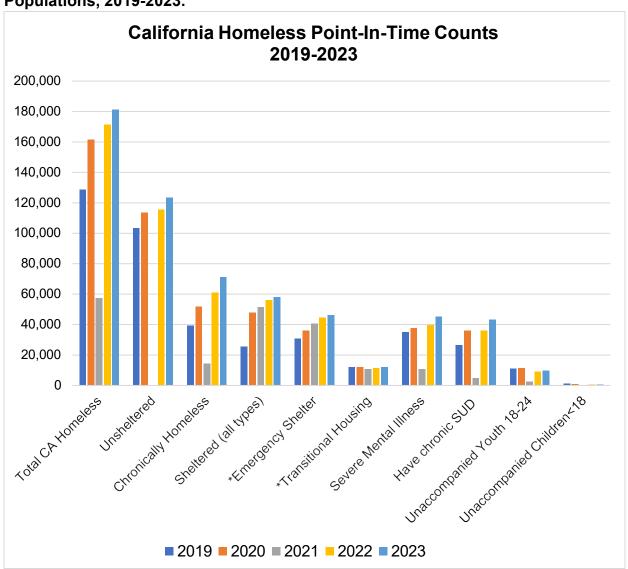


Table 2. CA Homeless Data from Annual P.I.T. Counts, 2019 – 2023.

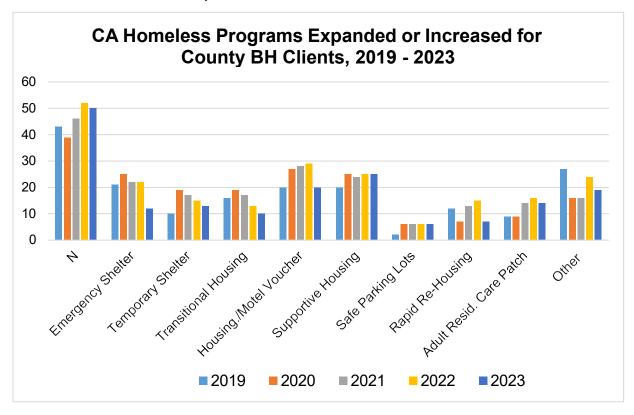
	2019	2020	2021	2022	2023
Total CA Homeless	128,777	161,548	57,468	171,521	181,399
Unsheltered	103,454	113,660	*	115,491	123,423
Chronically Homeless	39,275	51,785	14,168	60,905	71,150
Sheltered (all types)	25,323	47,918	51,429	56,030	57,976
*Emergency Shelter	30,723	35,996	40,662	44,553	46,111
*Transitional Housing	12,123	11,922	10,767	11,477	11,865
Severe Mental Illness	34,942	37,599	10,607	39,721	45,222
Have chronic SUD	26,410	35,821	4,970	36,096	43,047
Unaccompanied Youth 18-24	11,002	11,370	2,354	9,046	9,519
Unaccompanied Children<18	991	802	172	544	654

In addition to the HUD Point-In-Time data, previous Data Notebooks included the following survey question:

"During the most recent fiscal year, what new programs were implemented, or what existing programs were expanded, in your county to serve persons who are both homeless and have severe mental illness?"

**Figure 2** shows a summary of the responses to this question from the past 5 years. The Data group labeled 'N' shows the number of counties which submitted responses to this question in that year's Data Notebook. The category of 'Other' includes some programs which were developed with special funding (such as Project Home Key, etc.) in response to the pandemic and the economic dislocation experienced by many individuals.

Figure 2. California Homeless Programs Added or Expanded for County Behavioral health Clients, 2019-2023.



#### 2024 Data Notebook Survey Questions

Please respond by means of the Survey Monkey link provided with this Data Notebook.

#### **Section 1: Homelessness in the Public Behavioral Health System**

- 1. Please identify your County / Local Board or Commission. (dropdown menu)
- 2. Which of the following definitions of homelessness does your county use to identify individuals experiencing homelessness within your behavioral health system? (select all that apply)
  - a. The U.S. Housing and Urban Development (HUD) definition of homelessness, as used in the Homeless Emergency Assistance and Rapid Transition to Housing (HEARTH) Act.
  - b. The U.S. Department of Health and Human Services definition of homeless youth established by the Runaway and Homeless Youth Act (RHYA).
  - c. The U.S. Department of Education definition of *homeless children and youths* as defined in the McKinney-Vento Homeless Assistance Act.
  - d. Substance Abuse and Mental Health Services Administration (SAMHSA) definition of those who are *experiencing homelessness*.
  - e. The Social Security Administration (SSA) definition of *homelessness*.
  - f. Other (written response)
- 3. Does your county enter data on homelessness and housing services into a Homeless Management Information System (HMIS)?
  - a. Yes
  - b. No
- 4. Concerning individuals currently receiving services in your county behavioral health system, is your county actively collecting data on the housing status of any of the groups listed? (Please check all that apply)
  - a. Foster youth
  - b. Youth 18 years of age or younger
  - c. Youth ages 19-24
  - d. Adults ages 25-65
  - e. Adults 66 years of age or older
  - f. Consumers receiving mental health services
  - g. Consumers receiving substance use treatment
  - h. Veterans
  - i. Individuals exiting incarceration from county jail
  - j. Individuals exiting incarceration from prison
  - k. Individuals in Institutions of Mental Disease (IMDs)
  - I. Individuals in psychiatric hospitals
  - m. Other (please specify)

- n. None/Not Applicable
- 5. What supports are necessary to provide housing to people served in your county behavioral health system for more than 6 months? (Please check all that apply)
  - a. Case management services
  - b. Intensive case management services
  - c. Health or social services access/navigation services
  - d. Medication-Assisted Treatment
  - e. Enhanced Care Management (ECM) and Community Supports
  - f. Rental subsidies
  - g. Housing vouchers
  - h. Transitional and temporary housing
  - i. Peer support
  - j. Community health worker
  - k. Supported employment services
  - Wellness centers
  - m. Full-Service Partnerships (FSPs)
  - n. Other (written response)
- 6. Does your county behavioral health system participate in a county-wide interagency continuum of care that meets regularly to address housing for your county residents?
  - a. Yes
  - b. No
- 7. For people currently receiving services from your county behavioral health system, are you actively collecting any data on whether they are homeless/unsheltered at every point of service? For example, do you check for homeless status every time you provide individuals with any service?
  - a. Yes
  - b. No
- 8. Please list the organizations/agencies you work with to provide housing support and services for individuals served by your county behavioral health system. (Written Response: please use bullet points for this list)

Community Action partnership of Madera County (CAPMC)

Madera County Department of Social Services

Madera Rescue Mission

Madera County Housing Authority

Fresno Madera Continuum of Care (FMCOC)

Madera County Department of Public Health

Homebase (Technical Assistance for strategic plan)

RH Community Builders (contracted homeless service provider)

Camarena Health (Outreach, Engagement and Partnership Sub Committee co-lead)

- 9. Is your county behavioral health system able to use local data when making program decisions and financial investments in existing or new homelessness/housing programs?
  - a. Yes
  - b. No
- 10. If you answered "Yes" to the previous question, can you give an example of a program your county initiated based on data you collect or track? (Written response)

On August 6, 2024, the County's Board of Supervisors approved a contract with RH Community Builders LP to provide supportive services at Madera County's first Behavioral Health Bridge Housing (BHBH) program. BHBH, administered by the Madera County Department of Behavioral Health Services (MCDBHS), will provide temporary, safe housing and comprehensive support services for individuals and families experiencing homelessness. This effort came after monitoring and gathering housing specific data from those served by MCDBHS. This data was also presented during MCDBHS' collaborative housing meetings with community partners to better understand additional needs for which MCDBHS and/or partners could provide support to the community we serve.

- 11. Does your county behavioral health department have a housing services unit or housing coordinator?
  - a. Yes
  - b. No

#### **Section 2: Performance Outcomes Data**

- 12. Does your behavioral health agency currently collect data for the performance indicators listed below for all <u>adult</u> beneficiaries? (Please check all that apply)
  - a. Employment status
  - b. Criminal justice involvement
  - c. Housing status
  - d. Visits to the emergency room (ER)
  - e. Psychiatric Hospitalizations
  - f. Lanterman-Petris-Short (LPS) Conservatorship
  - g. Rates of self-harm
  - h. Rates of suicide
  - i. Social functioning and community connectedness
  - j. Self-reported wellness
  - k. Overall patient satisfaction
  - I. Other (Please Specify)
- 13. Does your behavioral health agency currently collect data for the performance indicators listed below for all <u>child and youth</u> beneficiaries?

(Please check all that apply)

- a. Criminal justice involvement
- b. Housing status
- c. Visits to the emergency room (ER)
- d. Psychiatric Hospitalizations
- e. Rates of self-harm
- f. Rates of suicide
- g. School attendance/absenteeism
- h. Academic engagement
- i. Classroom behavior
- j. Social functioning and community connectedness
- k. Self-reported wellness
- I. Overall patient satisfaction
- m. Other (Please Specify)
- 14. Do you utilize the performance indicators previously identified in any of the following ways? (Please check all that apply)
  - a. Evaluate the effectiveness of programs
  - b. Make changes in spending
  - c. Make changes in program planning
  - d. Inform partners and stakeholders
  - e. Advocate for policy changes
  - f. Engage in community outreach

- g. Other (written response)
- 15. Overall, do you have adequate data to evaluate and comment on performance outcomes in your county behavioral health system?
  - a. Yes
  - b. No
- 16. Which of the following topics or areas of interest would your county like to see future Data Notebooks focus on? (Please select up to 5).
  - a. Employment Status
  - b. Criminal Justice Involvement
  - c. Housing Status
  - d. Visits to the emergency room (ER)
  - e. Psychiatric Hospitalizations
  - f. Lanterman-Petris-Short (LPS) Conservatorship
  - g. Rates of Self-Harm and Suicide
  - h. School-Based Wellness for Children/Youth
  - i. Social Functioning and Community Connectedness
  - j. Self-reported wellness
  - k. Overall Patient Satisfaction
  - I. Other (Please Specify)

#### **Post-Survey Questionnaire**

Completion of your Data Notebook helps fulfill the board's requirements for reporting to the California Behavioral Health Planning Council. The questions below ask about operations of mental health boards, and behavioral health boards or commissions, etc.

- **17.** What process was used to complete this Data Notebook? (Please select all that apply)
  - a. MH board reviewed WIC 5604.2 regarding the reporting roles of mental health boards and commissions.
  - b. MH board completed majority of the Data Notebook.
  - c. Data Notebook placed on agenda and discussed at board meeting.
  - d. MH board work group or temporary ad hoc committee worked on it.
  - e. MH board partnered with county staff or director.
  - f. MH board submitted a copy of the Data Notebook to the County Board of Supervisors or other designated body as part of their reporting function.
  - g. Other (please specify)
- **18.** Does your board have designated staff to support your activities?
  - h. Yes, BHS Division Manager, Data Senior Administrative Analyst, Executive Assistant to Department Head.
  - i. No
- Please provide contact information for this staff member or board liaison.
   Melissa Torres, Executive Assistant to Department Head
   Melissa.torres@maderacounty.com

(559) 395-0451

20. Please provide contact information for your board's presiding officer (chair, etc.) Steve Mortimer, Chair mortimersr@yahoo.com

**21.** Do you have any feedback or recommendations to improve the Data Notebook for next year?

Not at this time.

(559) 674-1420



# Hope House of Madera County Youth Program Calendar

117 North R Street, Suite 103, Madera CA 93637 (559)664-9021



3:00pm

N

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E

M

B

E

R

**Monday** 3:00pm 4:00pm

**52** 

Changes

3:00pm

**Tuesday** 

4:00pm



3:00pm

**Wednesday** 



3:00pm

**Thursday** 



4:00pm



Mon - Fri

2pm - 6pm

MOVIE



- Closed for Veterans Day Monday, Nov. 11<sup>th</sup>
- Thanksgiving Celebration Tuesday, Nov. 26th
- · Closed for Thanksgiving Thurs Nov. 28 & Friday Nov. 29th























N

E

M

B

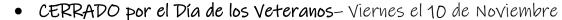
E

# Hope House of Madera County Calendario del programa Juvenil



117 North R Street, Suite 103, Madera CA 93637 (559)664-9021





- Celebración de Acción de Gracias Martes el 26 de Noviembre
  - Cerrado por Acción de Gracias El 23 y 24 de Noviembre





















**Abierto** 

Lunes a Viernes 2pm – 5pm

EMOTIONAL - SPIRITUAL -INTELLECTUAL - PHYSICAL - ENVIRONMENTAL - FINANCIAL - OCCUPATIONAL - SOCIAL



# Hope House of Madera County November Adult Program Calendar



117 North R Street, Suite 103, Madera CA 93637 (559)664-9021

Monday	Tuesday	Wednesday	Wednesday Thursday	
<u>9:00am</u>	<u>9:00am</u>	<u>9:00am</u>	<u>9:00am</u>	<u>9:00am</u>
11000		Morning	11110	CAME
MAIKE	Walke	Walk	WAIKE	G A M E
AMILLOUG	AMILLOUP	at the	AMPLONE	TIME
		Swap		
<u>9:30am</u>	<u>10:00am</u>	Meet	<u>10:00am</u>	<u>10:00am</u>
GAME TIMEU	CREATI É LI CORNER		CREATIVE CORNER	MOVIE
		A DESCRIPTION OF STREET STREET, STREET STREET,		TIME!
<u>11:00am</u>	<u>11:00am</u>	<u>11:00am</u>	<u>11:00am</u>	
<b>52</b> Changes	IDEAS WORTH SPREADING	Current Metrons	GAME	



## OPEN Monday - Friday from 8:00am to 12:30pm

- Closed for Veterans Day Monday, Nov. 11th
  - Visit MCWC Thursday, Nov. 7th & 21st
- Thanksgiving Celebration Tuesday, Nov. 26th
- Closed for Thanksgiving Thurs Nov. 28 & Friday Nov. 29th

















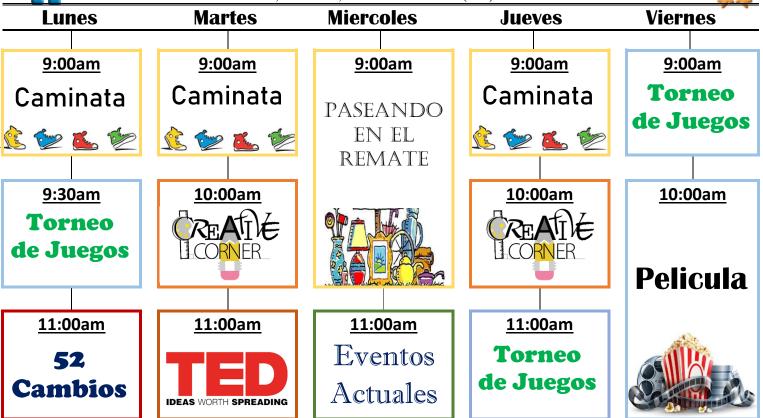




# Hope House of Madera County

Calendario para el programa de adultos - Noviembre

117 North R Street, Suite 103, Madera CA 93637 (559)664-9021





## Abierto de Lunes a Viernes de 8:00am a 12:30pm

- CERRADO por el Día de los Veteranos-Viernes el 10 de Noviembre
  - Viaje a MCWC Jueves el 7 y 21 de Noviembre
  - Celebración de Acción de Gracias Martes el 26 de Noviembre
  - Cerrado por Acción de Gracias El 23 y 24 de Noviembre



















