



Frequently Asked Oral Health Questions

Q: How can parents help prevent tooth decay?

Answer: Parents should take their children to the dentist regularly, beginning with the eruption of the first tooth. Then, the dentist can recommend a specific program of brushing, flossing, and other treatments for parents to supervise and teach to their children. These home treatments, when added to regular dental visits and a balanced diet, will help give your child a lifetime of healthy habits.

Q: At what age should I take my child to the dentist?

Answer: When the first tooth erupts

Q: Are baby teeth really that important to my child?

Answer: Primary, or "baby," teeth are important for many reasons. Not only do they help children speak clearly and chew naturally, they also aid in forming a path that permanent teeth can follow when they are ready to erupt.

Q: How do dental sealants work?

Answer: Sealants work by filling in the crevasses on the chewing surfaces of the teeth. This shuts out food particles that could get caught in the teeth, causing cavities. The application is fast and comfortable and can effectively protect teeth for many years.

Q: What is the best toothbrush for kids 9-13?

Answer: By the time your child reaches 9-10 years old, many adult teeth are now present and an adult toothbrush/toothpaste can be used. Any soft-bristled toothbrush should be used two times a day for two minutes.

Questions? Or are you interested in joining our Oral Health Advisory Committee?

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