



MADERA COUNTY
Behavioral Health Services

WHAT TO KNOW WHEN
SEEKING HELP FOR
MENTAL HEALTH AND
SUBSTANCE USE ISSUES

24-HOUR PHONE
LINES:

Emergency Psychiatric Services
(559) 673-3508

Toll Free (888) 275-9779

TTY (800) 735-2929

Fax (559) 661-2818

www.maderacounty.com

Please ask receptionist about your right to free language assistance services as well as alternative formats of this brochure. If you have physical limitations, we will help you find available, appropriate and accessible services.

ABOUT US

MADERA COUNTY
BEHAVIORAL HEALTH
SERVICES

209 East 7th St, Madera 93638

Mailings Address

P. O. Box 1288

Madera, CA 93639-1288

Madera County Behavioral Health Services provides a continuum of services to children, youth, adults, and their families. We offer a variety of outpatient prevention and treatment programs. All services are confidential and information cannot be released without permission or unless a life is in immediate danger.

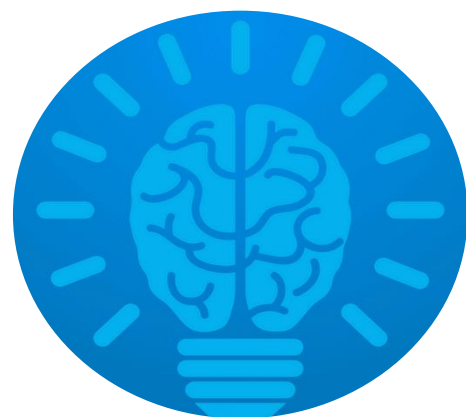
Our vision is for all persons with addictions and mental illness to achieve recovery and live with dignity and respect as valued members of their families and communities.

DID YOU KNOW?

- Mental illness is common, one in five people experience a mental or emotional health problem every year.
- Young or old, mental illness can impact anyone at any stage of their lives.
- Mental illnesses can arise from a combination of genetics, biology, environment, and life experiences.
- Trauma is one of the most common causes of mental illness.
- The stigma of mental illness keeps many people from seeking help.
- People can and do recover from mental illnesses, many continue to lead productive and engaged lives.
- Symptoms of mental illness impact a person's ability to function in daily situations and their relationships.

Symptoms can include:

- CHANGES IN DAILY ROUTINE (like sleeping or eating more, unexplained physical problems)
- CONFUSED THINKING OR SPEECH
- DELUSIONS &/OR HALLUCINATIONS
- ABUSE OF ALCOHOL OR OTHER DRUGS
- WITHDRAWAL FROM FAMILY LIFE, FRIENDS, AND USUAL ACTIVITIES
- MOOD SWINGS, STRONG FEELINGS OR ANGER
- EXCESSIVE FEARS, WORRIES OR ANXIETY
- SUICIDAL THOUGHTS OR THREATS



Treatment Services

Services for Minors & Adults

- **Assessment:** A thorough analysis of the history and current status of the individual's mental, emotional, and behavioral concerns. The assessment is used to determine the mental health services needed.
- **Counseling/Therapy:** Individual, family, and group counseling is available. Types of therapy can vary from brief to intensive depending on need.
- **Psychiatric Services:** Will evaluate and monitor individuals who need and are willing to take psychiatric medication.
- **Dual Diagnosis Treatment:** Services provided to individuals who have both mental health and substance use related diagnosis.
- **Case Management:** Services are offered to help families

and individuals connect with community resources.

- **Emergency Psychiatric Services:** Services are available 24 hours/day 7 days/week for all individuals who are potentially a danger to themselves or others, or gravely disabled *due to a mental illness*. An assessment will determine if they are in need of psychiatric hospitalization or other forms of treatment.
- Other initial and on-going services are available for Medi-Cal beneficiaries. Some insurance plans are welcome. Individuals can call to determine eligibility, if they have no private insurance or Medi-Cal.



GETTING HELP

To access services, follow these steps:

- 1.** Call the Screening and Referral Line at **(559) 673-3508** to schedule an appointment for eligibility and assessment.
- 2.** Prepare yourself for your appointment with a list of issues, concerns, or questions to discuss with a mental health practitioner.
- 3.** Bring your social security card, Medi-Cal card, current address and phone number with you. You will be seen regardless of your ability to pay.
- 4.** If your child is a ward of the court, the consent for treatment form must be brought in. If you are

being referred by another agency, such as Probation or Child Protective Services, bring that contact information also.

- 5.** Show up to your scheduled appointment. If you are unable to keep your appointment, call at least 24 hours in advance to reschedule.

WHERE TO GET SERVICES

MADERA

Behavioral Health Services

209 E. 7th Street, Madera, CA
93638
(559) 673-3508

Pine Recovery Center

117 N. R Street, Suite 101,
Madera, CA 93637
(559) 662-0527

WHERE TO GET SERVICES
CONT.

OAKHURST

Oakhurst Counseling Center

49774 Road 426, #D, Oakhurst,
CA 93644

(559) 683-4809

CHOWCHILLA

Chowchilla Recovery Center

215 S. 4th Street,
Chowchilla 93644

(559) 665-2947

- CA Relay Operator
(English & Spanish)
Dial **711**
- English Speech
to Speech
(866) 288-1909
- Spanish Speech
to Speech
(866)-288-4151
- TTY **(800) 735-2929**