Madera County Library - California History & Family Research Room

Community Cookbook Raviola Filling

Submitted by California History Room at Madera Library

This recipe is included in the Carmella LaMattina Rago scrapbook which is located in the California History Room at the Madera County Library. The recipe was given to Carmella by Mrs. Mary Mastrofini in 1937.

Ingredients:

Raviola Filling:

1 roasted chicken or 5 lbs of veal or beef
12 pounds of fresh spinach
3 cups of dry bread crumbs
12 eggs
Garlic, Onion and Parsley (amounts not provided)
1/2 cup of Italian cheese
Salt and Pepper

Raviola Dough

4 eggs3 Tablespoons of Oil4 1/2 cups or more of Flour1 cup of Water

Directions:

- 1. Cook spinach and drain well.
- 2. Grind meat and spinach. Add remaining ingredients and mix well.
- 3. For Raviola Dough: Mix all ingredients and roll very thin.
- 4. Spread filling on part of dough, cover with remaining part of dough.
- 5. Press with wood mold and cut into squares.

