



SIMON PAUL, M.D. Health Officer

**DATE:** December 1, 2020

**TO:** Healthcare Providers, Employees and Residents

**FROM:** Dr. Simon P. Paul, Madera County Health Officer

**RE:** Fourth Extension of Health Officer's March 19, 2020 Order to Monitor,

Test, and Treat Febrile Respiratory Illness for Health Care Providers,

Employers, Residents

Pursuant to California Health and Safety Code Sections 101040, 120175, and 120175.5(b) the Health Officer of the County of Madera orders as follows:

- 1. On March 19, 2020, this Office issued an "Order to Monitor, Test, and Treat Febrile Respiratory Illness for Health Care Providers, Employees, and Residents." This Order hereby extends that initial Order in all respects until Monday, March 1, 2021.
- 2. The initial Order and this Second Extension are issued as a result of the World Health Organization's declaration of the worldwide pandemic of Coronavirus Disease (COVID-19). COVID-19 is a respiratory illness that can spread from person to person. COVID-19 is contained in the droplets that can be sneezed, coughed, or exhaled into the air by infected individuals.
- 3. There currently is no available treatment; however, transmission of the disease can be lessened through community mitigation measures that decrease the likelihood of being exposed to the droplets of an infected person. These measures include limiting large scale events and mass gatherings, and practicing social distancing. Aggressive containment operations including isolating suspect cases and persons under investigation and quarantining their contacts can limit the spread of the disease, reduce the impacts of the disease on the society, and avoid more stringent measures that would cause further detriment to civil society.



- 4. Within the public health system, every person who meets the Centers for Disease Control (CDC) criteria for disease within Madera County has been and will be tested. However, both locally and nationally there may at times be limited testing capabilities due to availability and number of laboratory test kits and specimen collection kits.
- 5. As initiated at 5:00 pm, Thursday, March 19, 2020, and now continuing until Monday, March 1, 2021, the following will remain in effect for Madera County.

## a. Health Care Providers shall:

- i. Direct all patients diagnosed with Febrile Respiratory Illness, if no exclusionary diagnosis is found, to isolate him/herself for a minimum of ten days after onset of symptoms AND three days after cessation of fever without the use of fever-reducing medications.
- ii. Patients diagnosed with Febrile Respiratory Illness will also be advised to notify all close contacts to quarantine themselves for 14 days from the last known contact with the patient.
- iii. If COVID-19 testing is carried out at the time the patient is having symptoms and the results are negative, the patient may be removed from isolation and their close contacts do not need to remain in quarantine.

## b. All Employers shall:

- i. On a daily basis, while conducting business, screen all employees for febrile respiratory illness.
- ii. Exclude from work all employees that report symptoms of respiratory illness for ten days from the day that they are identified as having symptoms.
- iii. Direct employees excluded from work to isolate at home AND to notify their close contacts to guarantine.
- iv. If COVID-19 testing is carried out at the time the employee is having symptoms and the results are negative, the patient may be removed from isolation and their close contacts do not need to remain in quarantine.

## c. All Residents shall:

i. Self-monitor for signs and symptoms of COVID-19.

- ii. Isolate themselves if they have signs and symptoms and should they not require further medical attention for ten days after onset of symptoms.
- iii. If COVID-19 testing is obtained at the time the patient is having symptoms and the results are negative, the patient may be removed from isolation and their close contacts do not need to remain in quarantine.
- 6. For the purpose of this order:
  - a. Febrile respiratory illness is defined as "a new or worsening episode of either cough or shortness of breath, presenting with fever (temperature 38 degrees C or 100.4 degrees F or higher) or chills in the previous 24 hours."
  - b. Isolation is defined as "separation of sick people with a contagious disease from people who are not sick."
  - c. Quarantine is defined as "separation and restricts the movement of people who were exposed to a contagious disease to see if they become sick."
  - d. Social distancing is defined as "maintain a six-foot separation from all persons except for family members."

Symptoms of COVID-19:
Cough (productive or dry)
☐ Shortness of breath
☐ Sore throat
Runny nose not related to allergies
New loss of taste or smell
☐ Muscle Pains

7. The California Department of Public Health (CDPH) and the Center for Disease Control (CDC) may recommend further guidance.

I, as Health Officer for the County of Madera, encourage voluntary compliance with this Health Officer's Order. However, violation of this Order is subject to fine, imprisonment or both (California Health and Safety Code Section 120295.)

Simon Paul MD	12/1/20
Simon P. Paul, M.D. Health Officer	Date