

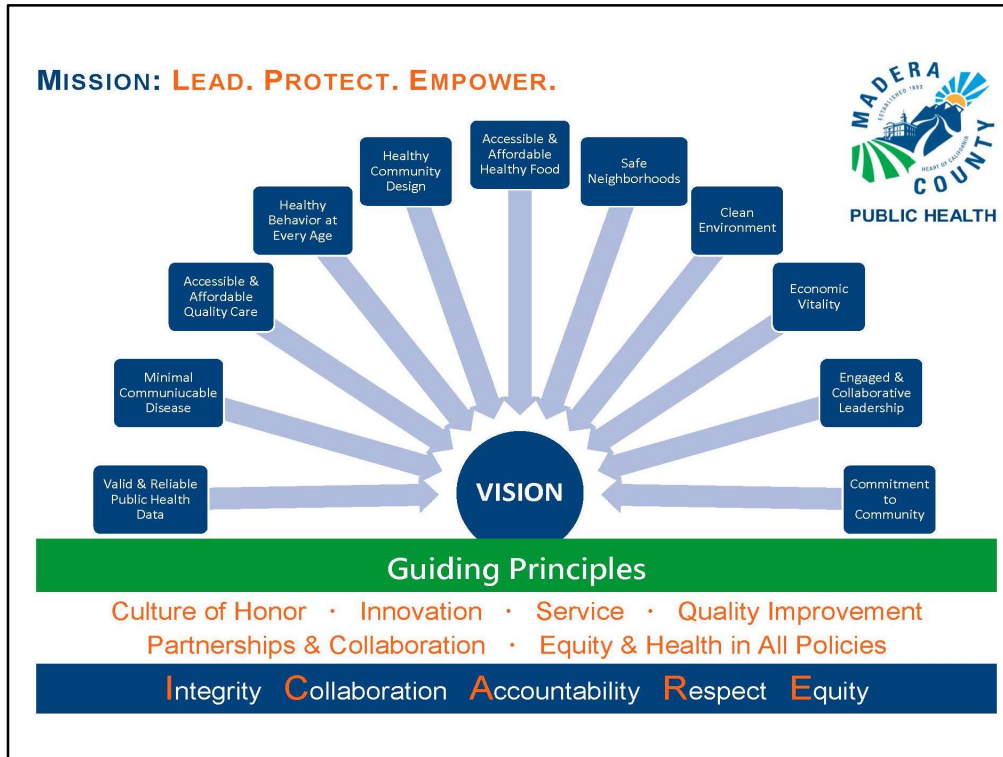


Oral Health and Overall Health Parent Education Presentation

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Do not delete this slide. This slide should always be after the title slide of a presentation.

Please, for the next few minutes...



Por favor, en los próximos minutos...




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Complete the assessment in the language you are most comfortable using. Choose the answer that you think is right and circle it.

Completar la encuesta en el idioma que le resulte más cómodo de usar. Elija la respuesta que considere la correcta.

Tooth Decay Las Caries Dentales



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Tooth decay is the most common chronic disease among children. It is the leading cause of school absence. Poor oral health, dental disease, and tooth pain can mean missed school and lower grades

Las caries dentales son una de las enfermedad crónica más común entre los niños. Es la principal razón en que estudiantes faltan en las escolar



Tooth decay can be prevented by brushing your teeth 2 times a day for 2 minutes, flossing daily and visiting a dentist 2 times per year

Las caries dentales se pueden prevenir cepillándose los dientes 2 veces al día durante 2 minutos, usando hilo dental diariamente y visitar al dentista 2 veces al año

Kindergarten Oral Health Assessment



Evaluación de Salud Oral de Kínder



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Signed into law in 2005, requires only an “assessment” of the child’s oral health by a licensed dental professional. Intended to identify children who need further examination and dental treatment, and will identify barriers to receiving care. Screening Forms are due back to your child’s school by May 31.

Convirtió en ley en 2005, sólo requiere una "evaluación" de la salud oral del niño por un profesional dental con licencia. La intención de identificar a los niños que necesitan un nuevo examen y el tratamiento dental, e identificará las barreras para recibir atención. Revisión de formularios se deben volver a la escuela de su hijo el 31 de mayo.



Common Preventive Services Servicios preventivos comunes	Common Restorative Services Servicios de restauración comunes
Fluoride application: aplicación de flúor: \$32.00	Silver filling: empaste de plata: \$200.00
Periodic examination: el examen periódico: \$52.00	Extraction: Extracción: \$375.00
Cleaning: Limpieza: \$81.00	Root canal: Canal raíz: \$1,278.00
Sealant, per tooth: Sellador, por diente: \$64.00	Porcelain crown: Corona de porcelana: \$1,750.00



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You will save money by seeing a dentist early rather than paying for expensive treatment later on.

Usted ahorrará dinero por ver a un dentista a tiempo, en lugar de pagar por un tratamiento caro más adelante.

Dental Coverage for your Child



Seguro medico para su hijo



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Medi-Cal is available to ALL low-income children under 19 years old, regardless of immigration status. If your child has health coverage through **Medi-Cal** or a **Covered California** health plan, he or she also has dental coverage and can go to the dentist for regular checkups and care.

Medi-Cal está disponible a todos los niños de bajos menores de 19 años, recursos sin importar su estatus migratorio. Si su hijo tiene seguro médico a través de un plan de **Medi-Cal** o **Covered California**, también tiene cobertura dental y debería ir al dentista para recibir atención y exámenes regulares.

What are cavities? ¿Que son las caries?

The image contains two main parts. At the top, there are two groups of food items: on the left, a collection of sugary items including a Coca-Cola can, a burger, donuts, and candy; on the right, a collection of starchy items including bread, rice, pasta, and grains. Below these is a diagram of a tooth cross-section showing four stages of decay: 1. Enamel Decay (a small hole in the white outer layer), 2. Dentin Decay (the hole reaching the yellowish middle layer), 3. Pulp Decay (the hole reaching the red inner pulp chamber), and 4. Infected Pulp (the pulp chamber is dark red, indicating infection). The diagram is labeled with 'Enamel Decay', 'Dentin Decay', 'Pulp Decay', and 'Infected Pulp'. In the bottom right corner of the slide is the logo for Madera County Public Health, featuring a stylized sun and the text 'MADERA COUNTY PUBLIC HEALTH'.

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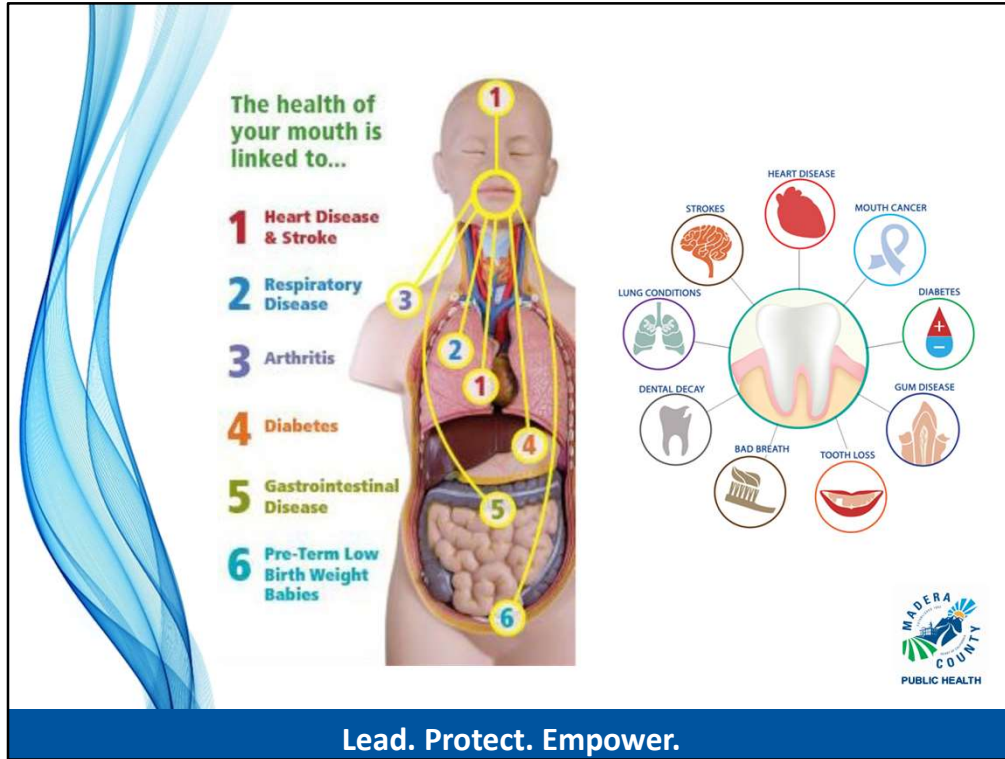
Sugar and starch from foods like bread, rice, pasta, soda and sweets mix with the bacteria in your mouth to make acid... this acid will make holes in your teeth known as cavities

El azúcar y el almidón de los alimentos como pan, arroz, pasta, refrescos y dulces se mezclan con las bacterias en la boca para formar ácido ... este ácido hará agujeros en los dientes conocidos como caries.



Bacteria that causes cavities can be transferred from your mouth to your child's mouth. Babies teeth will fall out but the bacteria will stick around and cause cavities and gum disease when their permanent teeth grow in.

Las bacterias que causan las caries se pueden transferir de su boca ha la boca de su niño. Los dientes de bebés se caen, pero las bacterias se quedan y causan caries y enfermedades de las encías cuando los dientes permanentes crecen.



The health of your mouth, teeth and gums affects the health of your whole body. Cavities, plaque and gum disease are linked to heart disease, stroke, diabetes, obesity, and can negatively affect pregnant women.

La salud de la boca, dientes y encías afecta a la salud de todo el cuerpo. Las caries, la placa y la enfermedad de las encías están vinculados a la enfermedad cardíaca, accidente cerebrovascular, la diabetes, la obesidad, y pueden afectar negativamente a las mujeres embarazadas.



Cigarettes and chewing tobacco are harmful to your oral health. Smoking and chewing tobacco are known to cause tooth staining, gum disease, tooth loss, and mouth cancer.

Cigarrillos y tabaco de mascar son perjudiciales para su salud oral. Fumar y el tabaco de mascar son conocidos por causar manchas en los dientes, enfermedad de las encías, pérdida de dientes, y el cáncer de boca.



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Keep your teeth and body strong by eating healthy foods like fruits, vegetables, lean proteins and drinking water.

Mantener sus dientes y cuerpo fuerte por el consumo de alimentos saludables como frutas, verduras, proteínas magras y beber agua.



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Brush your teeth 2 X each day
Cepillarse los dientes 2 X cada día

Floss every day
Use hilo dental todos los días

See a dentist 2 X each year
Ver a un dentista 2 X cada año

Eat healthy foods
Come comida saludable

Limit sugary foods and sodas
Limitar los alimentos azucarados y refrescos

Drink water
Beber agua

Don't smoke or chew tobacco
No fumar o masticar tabaco



Great News! Your child's school has partnered with Big Smiles in School Dental Program to offer in school dental care.

Local licensed dentists will be providing a screening, cleaning, x-ray, fluoride, & sealants to those who qualify.

In addition to these services some schools offer fillings, simple extractions & pulpotomy (treatment of the nerves inside of baby teeth).

If your child does not have a dentist and has not been seen by a dentist in the last 6 months please fill out a consent form for your child to be seen by the Big Smiles dental team.

There may be no cost to you if your child is insured with Medi-Cal. Private insurance and self-pay options are also available.

Una gran noticia! La escuela de su hijo se ha asociado con el programa dental Big Smiles in School para ofrecer atención dental en la escuela. Los dentistas locales con licencia proporcionarán una prueba de detección, limpieza, rayos X, fluoruro y selladores a aquellos que califiquen. Además de estos servicios, algunas escuelas ofrecen empastes, extracciones simples y pulpotomía (tratamiento de los nervios dentro de los dientes de leche). Si su hijo no tiene un dentista y no ha sido visto por un dentista en los últimos 6 meses, complete un formulario de consentimiento para

que su hijo sea visto por el equipo dental de Big Smiles.

Questions?



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References

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Kids Health (2015). *Taking care of your teeth*. <https://kidshealth.org/en/teens/teeth.html>



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