COVID-19

(Coronavirus Disease 2019)

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The California Department of Public Health recommends the following steps to prevent the spread of all respiratory viruses:

WASH. YOUR. HANDS.

Wash your hands with soap and water regularly.

Cover a cough or sneeze

Cover your cough or sneeze with your sleeve or disposable tissue.

Don't touch

Avoid touching eyes, nose or mouth with unwashed hands.

Keep your distance

Avoid close contact with people who are sick.